

SUNY Potsdam

Spring 2023 Course Evaluations

Course: 2023SP-POT-MUCE395-81937: 23SP @MUSICIANS' WELLNESS - BORDEN 81937
Instructor: Brianne Borden *
Response Rate: 4/14 (28.57%)

1 - Reason for taking the course (complete all that apply):

Response Option	Weight	Frequency	Percent	Percent Responses
Major-required	(6)	0	0.00%	
Major-elective	(5)	4	100.00%	██████████
Minor-required	(4)	0	0.00%	
Minor-elective	(3)	0	0.00%	
General Education Requirement	(2)	0	0.00%	
Free Elective	(1)	0	0.00%	
Response Rate	4/14 (28.57%)			

2 - Class Year:

Response Option	Weight	Frequency	Percent	Percent Responses	Means					
Freshman	(6)	0	0.00%							
Sophomore	(5)	0	0.00%							
Junior	(4)	2	50.00%	██████						
Senior	(3)	2	50.00%	██████						
Graduate	(2)	0	0.00%							
Other	(1)	0	0.00%							
Response Rate				4/14 (28.57%)	Mean	3.50	STD	0.58	Median	3.50

3 - Expected grade:

Response Option	Weight	Frequency	Percent	Percent Responses	Means					
4.0	(13)	4	100.00%	██████████						
3.7	(12)	0	0.00%							
3.3	(11)	0	0.00%							
3.0	(10)	0	0.00%							
2.7	(9)	0	0.00%							
2.3	(8)	0	0.00%							
2.0	(7)	0	0.00%							
1.7	(6)	0	0.00%							
1.3	(5)	0	0.00%							
1.0	(4)	0	0.00%							
0.0	(3)	0	0.00%							
S	(2)	0	0.00%							
U	(1)	0	0.00%							
Response Rate				4/14 (28.57%)	Mean	13.00	STD	0.00	Median	13.00

4 - I attended class:

Response Option	Weight	Frequency	Percent	Percent Responses	Means					
Always	(5)	3	75.00%	██████████						
Frequently	(4)	1	25.00%	████						
Moderately	(3)	0	0.00%							
Occasionally	(2)	0	0.00%							
Rarely	(1)	0	0.00%							
Response Rate				4/14 (28.57%)	Mean	4.75	STD	0.50	Median	5.00

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5 - How many hours outside of class did you devote to this course on average per week?									
Response Option	Weight	Frequency	Percent	Percent Responses	Means				
9+	(5)	0	0.00%						
6-8	(4)	0	0.00%						
4-5	(3)	1	25.00%						
2-3	(2)	0	0.00%						
0-1	(1)	3	75.00%						
Response Rate				Mean	STD	Median			
4/14 (28.57%)				1.50	1.00	1.00			

6 - Rate the level of your participation in this course.									
Response Option	Weight	Frequency	Percent	Percent Responses	Means				
Very active	(5)	2	50.00%						
Active	(4)	2	50.00%						
Moderate	(3)	0	0.00%						
Minimal	(2)	0	0.00%						
Not active	(1)	0	0.00%						
Response Rate				Mean	STD	Median			
4/14 (28.57%)				4.50	0.58	4.50			

7 - What overall rating would you give yourself as a student in this course?									
Response Option	Weight	Frequency	Percent	Percent Responses	Means				
Excellent	(5)	2	50.00%						
Good	(4)	2	50.00%						
Adequate	(3)	0	0.00%						
Poor	(2)	0	0.00%						
Very Poor	(1)	0	0.00%						
Response Rate				Mean	STD	Median			
4/14 (28.57%)				4.50	0.58	4.50			

8 - Brianne Borden demonstrates competence in the subject area. -									
Response Option	Weight	Frequency	Percent	Percent Responses	Means				
Strongly Agree	(5)	4	100.00%						
Agree	(4)	0	0.00%						
Neutral	(3)	0	0.00%						
Disagree	(2)	0	0.00%						
Strongly Disagree	(1)	0	0.00%						
Does not apply	(0)	0	0.00%						
Response Rate				Mean	STD	Median			
4/14 (28.57%)				5.00	0.00	5.00			

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9 - Brianne Borden's teaching is effective. -									
Response Option	Weight	Frequency	Percent	Percent Responses	Means				
Strongly Agree	(5)	4	100.00%		5.00				
Agree	(4)	0	0.00%						
Neutral	(3)	0	0.00%						
Disagree	(2)	0	0.00%						
Strongly Disagree	(1)	0	0.00%						
Does not apply	(0)	0	0.00%						
				0 25 50 100	Question				
Response Rate				Mean		STD		Median	
4/14 (28.57%)				5.00		0.00		5.00	

10 - Brianne Borden is concerned with students' progress in the course. -									
Response Option	Weight	Frequency	Percent	Percent Responses	Means				
Strongly Agree	(5)	4	100.00%		5.00				
Agree	(4)	0	0.00%						
Neutral	(3)	0	0.00%						
Disagree	(2)	0	0.00%						
Strongly Disagree	(1)	0	0.00%						
Does not apply	(0)	0	0.00%						
				0 25 50 100	Question				
Response Rate				Mean		STD		Median	
4/14 (28.57%)				5.00		0.00		5.00	

11 - Brianne Borden is available to students outside of class -									
Response Option	Weight	Frequency	Percent	Percent Responses	Means				
Strongly Agree	(5)	3	75.00%		4.75				
Agree	(4)	1	25.00%						
Neutral	(3)	0	0.00%						
Disagree	(2)	0	0.00%						
Strongly Disagree	(1)	0	0.00%						
Does not apply	(0)	0	0.00%						
				0 25 50 100	Question				
Response Rate				Mean		STD		Median	
4/14 (28.57%)				4.75		0.50		5.00	

12 - Examinations relate well to the stated course objectives.									
Response Option	Weight	Frequency	Percent	Percent Responses	Means				
Strongly Agree	(5)	2	50.00%		4.33				
Agree	(4)	0	0.00%						
Neutral	(3)	1	25.00%						
Disagree	(2)	0	0.00%						
Strongly Disagree	(1)	0	0.00%						
Does not apply	(0)	1	25.00%						
				0 25 50 100	Question				
Response Rate				Mean		STD		Median	
4/14 (28.57%)				4.33		1.15		5.00	

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13 - The work required in this course relates well to the stated course objectives.									
Response Option	Weight	Frequency	Percent	Percent Responses	Means				
Strongly Agree	(5)	4	100.00%		5.00				
Agree	(4)	0	0.00%						
Neutral	(3)	0	0.00%						
Disagree	(2)	0	0.00%						
Strongly Disagree	(1)	0	0.00%						
Does not apply	(0)	0	0.00%						
				0	25	50	100	Question	
Response Rate				Mean		STD		Median	
4/14 (28.57%)				5.00		0.00		5.00	

14 - Brianne Borden evaluates student performance fairly. -									
Response Option	Weight	Frequency	Percent	Percent Responses	Means				
Strongly Agree	(5)	4	100.00%		5.00				
Agree	(4)	0	0.00%						
Neutral	(3)	0	0.00%						
Disagree	(2)	0	0.00%						
Strongly Disagree	(1)	0	0.00%						
Does not apply	(0)	0	0.00%						
				0	25	50	100	Question	
Response Rate				Mean		STD		Median	
4/14 (28.57%)				5.00		0.00		5.00	

15 - I learned a great deal in this course.									
Response Option	Weight	Frequency	Percent	Percent Responses	Means				
Strongly Agree	(5)	4	100.00%		5.00				
Agree	(4)	0	0.00%						
Neutral	(3)	0	0.00%						
Disagree	(2)	0	0.00%						
Strongly Disagree	(1)	0	0.00%						
Does not apply	(0)	0	0.00%						
				0	25	50	100	Question	
Response Rate				Mean		STD		Median	
4/14 (28.57%)				5.00		0.00		5.00	

16 - Overall rating of Brianne Borden: -									
Response Option	Weight	Frequency	Percent	Percent Responses	Means				
Excellent	(5)	4	100.00%		5.00				
Good	(4)	0	0.00%						
Adequate	(3)	0	0.00%						
Poor	(2)	0	0.00%						
Very Poor	(1)	0	0.00%						
				0	25	50	100	Question	
Response Rate				Mean		STD		Median	
4/14 (28.57%)				5.00		0.00		5.00	

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17 - THE COURSE: Please comment on course content, requirement or any other aspect of the course.

Response Rate	4/14 (28.57%)
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- I learned so much in this course all while it not feeling mentally or physically taxing on myself. I was able to connect with peers, discuss really interesting stuff and honestly become a better person. I loved going to this class because it actually put me in a better mood and was such a delight to converse with peers and Dr. Borden. Their were important things about the body and so many forms of wellness that we will use forever to be better people and musicians. I wish this was required for all Crane students. This course under the leadership of Dr. Borden served me better than the musicians wellness required conferences freshman year on an 8 am. If I had taken this as a freshman I would have saved myself so much hardship at crane.
- I really loved this course and I am so glad I decided to take it! It sometimes truly was the highlight of my day and I always left the class feeling better than how I came to it even when we discussed more serious topics. I felt that the things we talked about are so important and will be beneficial on my journey as a musician and an educator in the future.
- I have learned a great deal of information in this class, and I am so glad I took it. In this class, we normalize feelings that we are feel as musicians, which sometimes is associated with negative connotations. This class has become such a safe space and I really appreciate that.
- I would recommend this course to anyone, even though it does have a focus for musicians obviously. The information we learn can help regulate stress and anxiety in a healthy way. There have been days where we went off topic for the class, and sometimes clearly everyone needs a break and I'm okay with that. But there were cases where students trauma dumped during our "temperature check" exercise, and personally it made me uncomfortable. It's no fault to Dr. Borden, and she handled it well, but it was an odd experience that left me overwhelmed.

18 - THE INSTRUCTOR: Please comment on the strengths and weaknesses of Brianne Borden. Would you take another course from this instructor? -

Response Rate	4/14 (28.57%)
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- I wish every course was with Dr, Borden. No one at Crane has been as patient and kind. She has so much to offer,
- I would definitely take another class with Dr. Borden. I appreciated her willingness to talk through things with us no matter the subject. I liked that the class was more discussion based and that Dr. Borden would offer her opinion and advice on certain subjects. She made the class have a relaxed and open environment and created a safe space for us to discuss topics that could cause an emotional reaction. She even found ways to make more mundane topics such as the anatomy unit fun and interesting. I felt that I truly learned a lot.
- Dr. Borden is very intelligent and compassionate. She was the best teacher to teach this course. She is very wise and has great information to share. I have learned so much from her!
- Dr. Borden is a wonderful teacher who clearly cares for students wellbeing. She respects our time, helps us manage our stress (sometimes through the course content, sometimes through her own advice and experiences), and is a wonderful addition to the faculty here at Crane.