

[EXTERNAL] Yoga at UMemphis

Jarrett Girard McCourt (jgmccurt) <jgmccurt@memphis.edu>

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To: Brianne L Borden <bordenbl@potdam.edu>

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Hi Brianne!

Hope this finds you well and settling into the semester nicely. I'm so jealous of your brass faculty at Potsdam - lowkey would LOVE to work with you, Buddy and Chris!

I just started a new job on the faculty at the University of Memphis and I feel like my students would DEFINITELY benefit from some of your yoga and meditation expertise. I'd love to have you join us virtually for one of our studio classes; we meet Wednesdays at 12:30pm CST. I have a spot on 3/10 that would work particularly well, but if that doesn't work for you, we can find another time. I can pay you 250\$ for the hour; let me know if that works for you.



Jarrett

Jarrett McCourt

Artist Instructor of Tuba and Euphonium

Rudi E. Scheidt School of Music

University of Memphis

c: [734.709.9621](tel:734.709.9621) | jgmccurt@umemphis.edu | jarrettmccourt.com